



HOLY EUCHARIST
THE FIRST SUNDAY OF LENT

Lent 2024: Create in us a New Heart

THE AMERICAN CATHEDRAL IN PARIS
SUNDAY, FEBRUARY 18TH, 2024
11:00 A.M.

ORDER OF SERVICE

The customary Organ Voluntary will be omitted.

All are invited to stand, as able, as the Procession enters the Cathedral and remain standing until after the Collect of the Day.

THE GREAT LITANY

Priest: Holy God, Creator of heaven and earth,

People:



(sung after each of the following petitions)

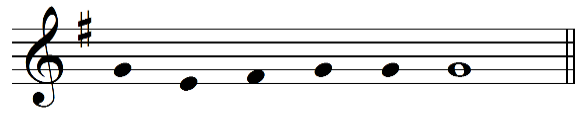
Priest: Holy and Mighty, Redeemer of the world,
Have mercy on us.

Priest: Holy Immortal One, Sanctifier of the faithful,
Have mercy on us.

Priest: Holy, blessed and glorious Trinity, One God,
Have mercy on us.

Priest: From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,

People:



Sa - vior, de - liv - er us.

(sung after each of the following petitions)

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

Savior, deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,

Savior, deliver us.

From famine and disaster; from violence, murder, and dying unprepared,

Savior, deliver us.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior, deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior, deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior, deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

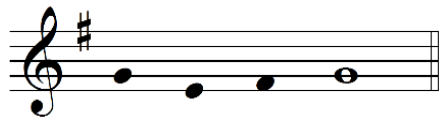
Savior, deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

Savior, deliver us.

Priest: Hear our prayers, O Christ our God,

People:



Hear us, O Christ. *(sung after each of the following petitions)*

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Joseph and Emmanuel, and the leaders of all countries and peoples, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to all in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

Hear us, O Christ.

Bless and keep all your people,

Hear us, O Christ.

Comfort and liberate the lonely, the bereaved and the oppressed.

Hear us, O Christ.

Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute.

Hear us, O Christ.

Guard and protect all children who are in danger.

Hear us, O Christ.

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble.

Hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

Hear us as we remember those who have died and grant us with them a share in your eternal glory.

Hear us, O Christ.

Priest: Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

People (sung three times):

Ho - - - ly God, Ho - - ly and Might - y,

The first system of musical notation consists of a treble and bass staff. The treble staff has a key signature of one flat (Bb) and a common time signature (C). The melody is written in a simple, hymn-like style with long notes and rests. The lyrics are written below the treble staff, with hyphens indicating syllables that span across multiple notes. The bass staff provides a simple harmonic accompaniment with long notes.

Ho - ly Im - mor - tal One, Have mer - cy on us.

The second system of musical notation continues the melody and accompaniment from the first system. It maintains the same key signature and time signature. The lyrics are written below the treble staff, with hyphens indicating syllables that span across multiple notes. The bass staff provides a simple harmonic accompaniment with long notes.

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All are invited to be seated.

FIRST READING: The Book of Genesis 9:8-17 (NRSV)

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Hear what the Spirit is saying to God’s people.

All **Thanks be to God.**

The Antiphon is sung first by the Choir and then repeated by all, as indicated.

Antiphon:



Ad te, Domine, levavi

- 1 To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes. ***Antiphon***
- 3 Show me your ways, O Lord, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long. ***Antiphon***
- 5 Remember, O Lord, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O Lord. ***Antiphon***
- 7 Gracious and upright is the Lord; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *
and teaches his way to the lowly.
- 9 All the paths of the Lord are love and faithfulness *
to those who keep his covenant and his testimonies. ***Antiphon***

SECOND READING: The First Letter of Peter 3:18-22 (NRSV)

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear what the Spirit is saying to God's people.

All **Thanks be to God.**

SEQUENCE HYMN: 455, "O Love of God, how strong and true"

DUNEDIN

All are invited to turn toward the Gospel Book for the reading.

THE GOSPEL: Mark 1:9-15 (NRSV)

Gospeller The Holy Gospel of our Savior Jesus Christ according to Mark.

All **Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Gospeller The Gospel of our Savior.

All **Praise to you, Lord Christ.**

Silence for reflection.

All are invited to stand, as able.

NICENE CREED *Said by all*

We believe in one God, **the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE

Celebrant: The peace of Christ be always with you.

People: **And also with you.**

All may greet one another in the Name of Christ.

WELCOME AND ANNOUNCEMENTS

*The monetary gifts in the Sunday offering plate help us to discern and realize God's call for The American Cathedral in Paris. Please use the Offering Envelope for gifts by cash or check. To make gifts via the "virtual, electronic" offering plate, **please scan this QR code** or visit amcathparis.com/donate.*



*Les dons monétaires pour la quête du dimanche nous aident à discerner et à soutenir l'appel de Dieu pour la cathédrale américaine de Paris. Veuillez utiliser l'enveloppe d'offrande pour les dons en espèces ou par chèque. Pour faire des dons via la quête « virtuelle ou électronique », merci de **scanner le QR code** ou de vous rendre sur amcathparis.com/donate.*

THE HOLY COMMUNION

OFFERTORY ANTHEM: *Lord, let me know mine end*

Maurice Greene
(c.1695-1755)

Lord, let me know mine end, and the number of my days: that I may be certified how long I have to live. Behold, thou hast made my days as it were a span long: and mine age is even as nothing in respect of thee; and verily every man living is altogether vanity. For man walketh in a vain shadow, and disquieteth himself in vain; he heapeth up riches, and cannot tell who shall gather them. And now, Lord, what is my hope? Truly my hope is even in thee. Hear my prayer, O Lord, and with thine ears consider my calling. Hold not thy peace at my tears. O spare me a little, that I may recover my strength: before I go hence, and be no more seen.
[Text: Psalm 39:8, 13, 15]

All are invited to stand and sing.

PRESENTATION HYMN: 140, "Wilt thou forgive that sin, where I begun"

DONNE

THE GREAT THANKSGIVING (Eucharistic Prayer C)

Celebrant God be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People **By his blood, he reconciled us. By his wounds, we are healed.**

The Celebrant continues

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS AND BENEDICTUS *Sung by all*

Healey Willan
(1880-1968)

Ho - ly, ho - ly, ho - ly, Lord God of
Hosts: Hea - ven and earth are full of thy glo - ry. Glo -
ry be to thee, O Lord Most High. Bless - ed is he that com - eth
in the name of the Lord. Ho - san - na in the high - est.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Celebrant and People

We celebrate his death and resurrection, as we await the day of his coming.

The Celebrant continues

Lord God of our righteous and holy forebears; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Celebrant and People

Risen Lord, be known to us in the breaking of the Bread.

The Celebrant continues

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

All remain standing. The Eucharistic Prayer continues

THE LORD'S PRAYER, *said by each in his or her own language*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.	Notre Père qui es aux cieux, que ton Nom soit sanctifié, que ton règne vienne, que ta volonté soit faite sur la terre comme au ciel. Donne-nous aujourd'hui notre pain de ce jour. Pardonne-nous nos offenses, comme nous pardonnons aussi à ceux qui nous ont offensés. Et ne nous soumetts pas à la tentation, mais délivre-nous du mal. Car c'est à toi qu'appartiennent le règne, la puissance et la gloire, pour les siècles des siècles. Amen.
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(organ) *All*
O Lamb of God, that ta - kest a -
way the sins of the world, have
mer - cy up - on us. *(organ)* O Lamb of
God, that ta - kest a - way the sins of the
world, have mer - cy up - on us.
(organ) O Lamb of God, that ta - kest a -
way the sins of the world,
(organ) grant us thy peace.

Celebrant

The Gifts of God for the People of God.

THE COMMUNION

L'hospitalité eucharistique est offerte à toute personne, quelle que soit sa confession ecclésiale.

ALL are welcome to share in the Eucharist, the feast of the Lord's Supper. Communion is administered today at the altar rail.

You are invited to kneel or stand at the altar rail. In either case, please receive the bread (wafer) in the palm of your outstretched hands. The wine follows; please drink from the cup as it is extended to you. We are not allowed to permit dipping the host in the chalice.

Gluten-free communion wafers are available for those who need them. Please ask the priest who is distributing bread at communion.

Please inform an usher if you need communion brought to your pew. Sadly, we must be concerned about theft; please take your coat, purse, and other belongings with you as you leave the pew.

COMMUNION MOTET:

We shall walk through the valley in peace

Undine Smith Moore
(1904-1989)

We shall walk through the valley in peace. We shall walk through the valley in peace. If Jesus Himself shall be our Leader, we shall walk through the valley in peace. There will be no trials there. There will be no trials there. If Jesus Himself shall be our Leader, We shall walk through the valley in peace. [Text: A.L. Hatter]

COMMUNION HYMN: 641, "Lord Jesus, think on me"

SOUTHWELL

POST-COMMUNION PRAYER *All are invited to stand, as able and pray,*

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Celebrant: Bow down before the Lord.

All are invited to kneel, as able. The Celebrant continues,

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

All are invited to stand, as able.

HYMN: 142, “Lord, who throughout these forty days”

ST. FLAVIAN

THE DISMISSAL

Response **Thanks be to God.**

ORGAN VOLUNTARY

Please preserve the silence of the sanctuary as you leave.

SERVING TODAY: *Celebrant:* The Rev. Canon Hailey Jacobsen; *Preacher:* The Very Rev. James R. Harlan; *Canon Precentor and Director of Music:* Zachary Ullery; *Organist:* Andrew Dewar; *Organ Scholar:* George Nicholls; *Choir:* The Cathedral Choir; *Eucharistic Ministers:* Ann Dushane, David Galas Madsen, Patricia Gastaud Gallaghe; *Lectors:* Francie Seder, Harriet Rivière; *Livestream Production:* Arthur Girard; *Ushers:* Elisabeth Venant, Christine Brooks, Sophie Lefebvre; *Vestry Person in Charge:* Elizabeth Haynes.

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Bienvenue and Welcome!

Welcome to The American Cathedral in Paris. We are so glad you're with us. Whether in person or online, for a short time or a lifetime, sure in faith or full of doubt, you belong here.

Building on our past and our journey towards inclusion, we strive to create a future of faith, love, and charity. Let's do it together. Give us a call, send an email, or find us at coffee hour—we can't wait to get to know you.

Contact information for the clergy, staff and Vestry can be found at amcathparis.com/leadership.

Subscribe to our e-letter for weekly updates on our life together in Christ. Visit amcathparis.com/eletter or scan the QR code:



Living outside of Paris? Join hundreds of Friends across the globe who treasure the Cathedral as a spiritual home-away-from-home. Learn more at americancathedralfoundation.org

Livestreaming: Please note that we are livestreaming this service. If you do not wish to appear on the livestream, please sit behind the first five pews. Thank you.

Bulletin announcements: Please note that due to staff absences, all announcements for next Sunday's bulletin (Sunday, February 25th) should be sent to communications@americancathedral.org by Tuesday, February 20th at midday. All announcements after this will be included the following week.

Prayer List

We pray for those in need of healing, who are in grief, or have any special needs, especially Eric, Daniel, Mary, Sara, Reece, Sarrinah, Reece, Shaista, Mohammad and family, David, Hervé, Elizabeth, Melissa, Jeremy, Françoise and Eleanor.

We pray for those who have died, especially Martha Taylor, Richard Holthaus, Libby, Nina, Diana Pietrasweski and Alice.

We pray for peace in the Middle East, Ukraine and all areas where there is conflict.

Prayer requests may be sent to us at: communications@americancathedral.org.

Children and Youth

Welcoming and fully including babies, toddlers, and their families at our Cathedral: At 12:30 p.m. on Sunday, March 3rd, join Sunday School Director Andrew Aitken and Canon Hailey Jacobsen for a conversation in the Fleetwood Room about welcoming and fully including babies, toddlers, and their families at our Cathedral.

We are especially interested in learning from the recent and current experiences of those with children aged 4 years old and under and would like to share some ideas and hear feedback on ministry with our youngest members and their families.

For more information, or if you have anything that you would like to share but cannot attend, please contact Andrew Aiken on sundayschool@americancathedral.org and Canon Hailey canon@americancathedral.org.

Sunday School: Sunday school is currently taking a break and will restart on Sunday 3rd March. During the school term we meet in the Fleetwood room from 10:45 a.m. to around 11:45 a.m. when Communion is served in the 11:00 a.m. service. All children from ages 3 to 10 years old are welcome to attend. Please contact Andrew Aitken on sundayschool@americancathedral.org for more information.

Youth Group: All youth in grades 6^{ème}/ 6th grade through 11^{ème}/ 12th grade are welcome at Youth Group. Contact Canon Hailey on canon@americancathedral.org or Youth Leaders Adrien & Mélanie LeSure youth@americancathedral.org for more information.

Safeguarding

As part of the Convocation of Episcopal Churches in Europe, The American Cathedral in Paris is committed to assuring that all people are treated with respect and that no one is abused, harassed, or taken advantage of in any way. We are especially committed to assuring the safety of children and those adults who may be particularly vulnerable.

We adhere to the Convocation's Safeguarding Policy, and a member of our congregation is appointed as the Safeguarding Officer. If you have any concerns at all, please know that they are available to speak with you.

Our Safeguarding Officers are Angelina Stelmach and William Tompson. Please contact them with any questions or concerns at safeguarding@americancathedral.org

Protection

En tant que membre de la Convocation des Églises épiscopales en Europe, la Cathédrale américaine de Paris s'engage à veiller à ce que toutes les personnes soient traitées avec respect et à ce que personne ne soit victime d'abus, de harcèlement ou d'exploitation de quelque manière que ce soit. Nous nous engageons tout particulièrement à assurer la sécurité des enfants et des adultes qui peuvent être particulièrement vulnérables.

Nous adhérons à la politique de protection de la Convocation et un membre de notre congrégation est désigné comme responsable de la protection. Si vous avez la moindre inquiétude, sachez qu'ils sont à votre disposition pour vous parler.

Nos responsables de la protection sont Angelina Stelmach et William Tompson. Si vous avez des questions ou des inquiétudes, veuillez les contacter à l'adresse suivante : safeguarding@americancathedral.org

Holy Week 2024: Create in us a New Heart

Please join us online and in person for Holy Week for the following services in addition to our regular services. Everyone is welcome.

Palm Sunday | Sunday, March 24th

- 11:00 a.m. | Holy Eucharist with procession from Place de la Reine Astrid (online and in person)

Wednesday, March 27th

- 9:00 a.m. | Morning Prayer | The Rainbow Ministry (in person only)
- 12:00 p.m. | Noonday Prayer | The Rainbow Ministry (in person only)
- 6:00 p.m. | Evening Prayer | The Rainbow Ministry (in person only)
- 9:00 p.m. | Contemplation and Compline (in person only)

Maundy Thursday | Thursday, March 28th

- 7:30 p.m. | Holy Eucharist with washing of feet (online and in person)

Good Friday | Friday, March 29th

- 12:00 p.m. | Sung Passion with Communion from the Reserved Sacrament (online and in person)

Holy Saturday | Saturday, March 30th

- 8:00 p.m. | Easter Vigil (online and in person)

Easter Day | Sunday, March 31st

- 9:00 a.m. | Holy Eucharist (in person only)
- 11:00 a.m. | Holy Eucharist (online and in person)

After the 11:00 a.m. service | Easter Egg Hunt (for children aged 10 years and under- no reservation required)

Lent 2024: Create in us a New Heart

In addition to our regular Sunday morning and midweek services, there are plenty of other moments to join us for worship during Lent:

Wednesdays at the Cathedral with The Rainbow Ministry

Join us during Lent (February 14th - March 30th) for inclusive, bilingual prayer. Everyone is welcome!

Wednesdays at :

- 9:00 a.m. | Morning Prayer
- 12:00 p.m. | Noonday Prayer
- 6:00 p.m. | Evening Prayer
- 9:00 p.m. | Contemplation and Compline

Les mercredis à:

- 9h00 | La prière du matin
- 12h00 | La prière de midi
- 18h00 | La prière du soir
- 21h00 | Les complies

Rejoignez-nous pendant le Carême (du 14 février au 30 mars) pour du prière inclusif et bilingue (anglais-français). Tou.te.s sont les bienvenu.e.s

Praying Lent with The Convocation of Episcopal Churches in Europe

Pray as you can, not as you can't

(Online on Zoom: 7:30 p.m. - 9:00 p.m. CET time)

Wednesdays during Lent from February 21st.

During Lent, the Canon for Spiritual Development, Ali Gray, will be hosting 5 weekly sessions on Zoom to help deepen our prayer lives. For the Zoom link, please scan the QR below. The sessions will be relaxed, gentle and invitational. We will practice centering prayer and journaling, the Examen, Lectio Divina, imaginative prayer and praying with art and poetry.

They will last 90 minutes and will include time sharing our experiences- both struggles and joys, introduction to, and guided practice of each mode of prayer, and finish with compline.

All are welcome, for one session or every week. There's no need to book, just turn up. For more information, please contact Ali Gray on agray@tec-europe.org.



Join Eli Harlan on March 6th as she leads the session.

Music Notes | A Multitude of Voices

To create a fuller and more inclusive picture of the richness of our musical heritage, we will be exploring music composed by women, BIPOC (Black, Indigenous, and People of Color), and other historically under-represented composers.

The Communion Anthem, “We shall walk through the valley in peace” was composed by Undine Smith Moore. Moore, the granddaughter of slaves, began studying piano at the age of seven with Lillian Allen Darden. She attended Fisk University, where she studied piano with Alice M. Grass and first began to compose. In 1924, at the age of 20, she became the first graduate of Fisk to receive a scholarship to Juilliard. She graduated cum laude in 1926, and soon after became the supervisor of music for the Goldsboro, NC public school system.

She began teaching piano, organ, and music theory at Virginia State College (now Virginia State University) in 1927, where she remained on faculty until her retirement in 1972. She commuted to Columbia University in New York City between 1929 and 1931 and received her Master of Arts in Teaching. She was also awarded honorary Doctor of Music degrees by Virginia State University in 1972 and Indiana University in 1976, and in 1977 was named music laureate of Virginia.

Known to some as the “Dean of Black Women Composers,” Moore is most widely known for her choral works, though she also wrote for piano and various instrumental ensembles. Her *Scenes from the Life of a Martyr* is a 16-part oratorio on the life of Dr. Martin Luther King, Jr., which was nominated for a Pulitzer Prize in 1981.

Music Notes | The Presentation Hymn

In an effort to create a new experience in communal worship, we will also be exploring the wealth of lesser-known hymnody. Each month, we will be singing a hymn at the presentation that hopefully no one knows! This experience allows us as a worshipping community to experience something new together. **So please remember to make a joyful noise...even if it feels unfamiliar and a little uncomfortable!**

Coming up

Confirmation And Reception Happening on Pentecost | Sunday, May 19th

Confirmation is the sacramental rite of making a mature and public commitment in the Episcopal Church to living out your Christian faith. For those who have already been confirmed in another Church, Reception is the public rite (which looks and sounds very similar to Confirmation) of officially joining the Episcopal Church. The next opportunity for Confirmation and Reception will be on Pentecost, Sunday, May 19th.

For adults who would like to be Confirmed or Received into the Episcopal Church, preparation will happen during the Easter Season leading up to Pentecost. Sign up by up by Palm Sunday (March 24th). Please contact Canon Hailey (canon@americancathedral.org) to sign up or for more information.

Les Dimanches Musicaux | Sunday, February 18th at 3:00 p.m.

Please join Les Arts George V this afternoon at 3:00 p.m. for their free concert series, Les Dimanches Musicaux, featuring “Le Fil d’Or” - a new ensemble focusing on the performance of 15th and 16th century vocal polyphony, in particular English sacred music of this period. This concert pays tribute to Robert White and Stanford, whose anniversaries are celebrated this year. Le Fil d’Or consists of eight to ten singers, directed by Cathedral Choir staff singer, Lewis Hammond. For more information, please visit www.lagv.org.

All are welcome. No reservation needed.

Stewardship Season 2024 | Give Cheerfully 2024 -There is still time to pledge!

An enormous thank you to the over 130 households who have pledged to support our Cathedral in 2024! A pledge is one's best guess at how much they will be able to give financially to our church in the coming year. It allows our leadership to plan with as much clarity as possible. Although this past Sunday was Pledge Sunday which marked the conclusion of our Stewardship Season, there is still time to pledge, and we need more people to join in to ensure our Cathedral can do all that we hope in 2024. To learn more, email Canon Hailey on canon@americancathedral.org or Stewardship Co-Chairs Anne Pouret and Chris Barnes on pledge@americancathedral.org.



Support Music at the Cathedral via Les Arts George V

Les Arts George V (LAGV) supports the music at the Cathedral in many ways: among them **hosting Les Dimanches Musicaux (LDM) and encouraging sponsorships and donations.** Half the proceeds of LDM go to the Cathedral music program. For sponsorships and donations, remember that in France, while LAGV receives 100% of your gift, you will receive 66% as a deduction on your income tax.



Staff Directory

Your Cathedral Staff wants to be resourceful to your pastoral needs, questions, and concerns. Please contact a member of the staff directly. For general matters, please email Timothy Thompson, Parish Coordinator on parish.coordinator@americancathedral.org

Andrew Dewar <i>Organist</i>	organist@americancathedral.org	01 53 23 84 05
The Very Rev. James R. Harlan <i>Dean and Rector</i>	dean@americancathedral.org	01 53 23 84 02
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The Vestry <i>Joyce Chanay, Senior Warden</i>	vestry@americancathedral.org	01 53 23 84 00
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The American Cathedral in Paris

The Cathedral of the Holy Trinity

Cathedral Vestry

The Very Rev. James R. Harlan, *Dean and Rector*

Joyce Chanay, *Senior Warden*

Matt Christensen, *Junior Warden*

Edward Bates, *Treasurer*

Kim Powell, *Clerk*

Class of 2024

Edward Bates

Joyce Chanay

Matt Christensen

Jennifer Gosmand

Kim Powell

Class of 2025

Dennis Grove

Hope Newhouse

Angelina Stelmach Blundell

Bill Tompson

Charles Trueheart

Class of 2026

Chris Barnes

Sylvie Botétéme

Elizabeth Haynes

Geoffrey Jennings

Christian Martel

Luis Roth, *Chancellor to the Cathedral*

The Convocation of Episcopal Churches in Europe

The Most Reverend Michael Bruce Curry *Presiding Bishop and Primate*

The Right Reverend Mark D. W. Edington *Bishop-in-Charge*

The Venerable Dr. Walter Jacob Baer *Archdeacon*

Sophie Plé *Canon for Administration*

The Reverend Canon Mpho Tutu-van Furth *Canon for Racial Justice and Beloved Community*

The Reverend Dr. Alison Jane Gray *Canon for Spiritual Development*

All Saints (mission) *Amsterdam* • All Saints *Waterloo* • Ascension *Munich*

Saint Augustine of Canterbury *Wiesbaden* • Saint Boniface (mission) *Augsburg*

Christ Church (mission) *Charleroi* • Christ Church *Clermont-Ferrand* • Christ the King *Frankfurt*

Saint Columban *Karlsruhe* • Congregacion Latinoamericana *Rome* • Emmanuel *Geneva*

Saint-Esprit (mission) *Mons* • Chapel of the Holy Family *Mühlbach am Hochkönig*

Cathedral Church of the Holy Trinity *Paris* • Mission Episcopale Francophone de la Résurrection *Paris*

Saint James *Florence* • Saint James the Less (mission) *Nuremberg* • Joel Nafuma Refugee Center *Rome*

Santa Maria (affiliated ministry) *Ferrano* • Saint Michael's (mission) *Weimar* • Saint Nino (mission) *Tbilisi*

Saint Paul's Within the Walls *Rome*

The Convocation of Episcopal Churches in Europe is under the jurisdiction of the Episcopal Church in the United States of America and part of the worldwide Anglican Communion. Comprising nine parishes and several missions, the Convocation is under the authority of the Presiding Bishop of the Episcopal Church, whose Bishop Suffragan for Europe serves as Bishop-in-Charge of the Convocation. The Bishop-in-Charge is resident in Paris, and the Convocation's office is located in the Cathedral. The Cathedral Church of the Holy Trinity serves both as a parish church and, since 1923, as the Cathedral for Europe of the Episcopal Church.

Three Things to Know

Join **The Rainbow Ministry during Lent** (February 14th - March 30th) for **inclusive, bilingual prayer**. Everyone is welcome! More details on page 22 of the bulletin.

For more information about our Lent schedule and theme:

“Create in us a New Heart”, please visit

<https://amcathparis.com/news/lent2024> or scan the QR code.



Please note that the Cathedral and its offices will be closed during the week **April 1st-6th**. The Cathedral will remain open for AA meetings and for the Célébration Eucharistique (La Mission Episcopale Francophone de la Résurrection) on April 6th.

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